

# Engagement in Longevity and Medicine (ELM) Research Collaborative

## About ELM

Engagement in Longevity and Medicine (ELM) is a research collaborative, developed by New York University (NYU) Langone Health, which aims to strengthen and advance engagement and recruitment in aging research. The ELM collaboration includes organizations such as the New York City Department for the Aging (DFTA), Aging in New York (ANYF) and CaringKind. Committed to working with diverse communities, ELM was established to educate older adults on health and medical advancements, particularly of racial and ethnic minorities, who are underrepresented in clinical research. This absence of diversity in aging research makes it difficult to get results that are meaningful to a wide range of older adults and enhance innovation of ways to treat and prevent health conditions. Through its electronic health registry, older adults can sign-up to be part of the ELM community. Access to health information about various age-related conditions and current and ongoing clinical studies are available through the registry.

## ELM Health Registry

Older adults can sign-up to receive information on aging and health. Opportunities to learn more about research or participate in a research study are also available. It is not necessary to sign-up for any study to be part of the registry!

### Registry sign-up is FREE!

*Learn more about:*

- Brain health
- Arthritis
- Diabetes
- Heart disease
- Hypertension
- Exercise
- Sleep hygiene or sleep and cognition
- Social isolation
- Nutrition
- COVID-19

For aging services visit:  
[www.nyc.gov/aging](http://www.nyc.gov/aging)



## Did You Know?

*Clinical studies help doctors and researchers learn more about disease and improve health care for people in the future.*

## REGISTER HERE:



Or Log On:

<https://openredcap.nyumc.org/apps/redcap/surveys/>  
Use Code: 8L9PT99JX

## Benefits of ELM

- Allows older adults to play an active role in their health
- Confidential electronic health information
- Opportunity to learn about new research treatments
- Connects older adults to information and health resources available in their communities
- Older adults will be part of a larger health community

## Engagement

- Virtual health presentations about various topics with guest experts
- Fun virtual educational health and wellness games with opportunities to win prizes!

CaringKind Helpline: 646-744-2900  
[caringkindnyc.org](http://caringkindnyc.org)

# caringkind

*The Heart of Alzheimer's Caregiving*

# Engagement in Longevity and Medicine (ELM) Research Collaborative

## Engagement in Longevity and Medicine (ELM)

is an academic-community partnership. This partnership is supported by New York University (NYU) Langone Health. The goal of ELM is to make it easier for people to learn more about research and for some, to make it easier to participate.

The ELM family includes the New York City Department for the Aging (DFTA), Aging in New York Fund (ANYF) and CaringKind. ELM was established to also provide health education for older adults, especially those from racial and ethnic minorities. However, doctors and patients need better information about how best to treat older people who come from these groups. We can only do this when people from minority groups participate in research.

Through its electronic health registry, older adults can sign-up to be part of the ELM community. Access to health information about various age-related conditions and current clinical studies are available through the registry.

**If you are someone older than 60 years, you can sign-up to receive information about aging and health. Opportunities to learn more about research or participate in a research study are also available. You can sign-up for the registry without ever having to participate in research. The registry will send you health information and news about ongoing research!**

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